

# Pennsylvania Association of Psychiatric Rehabilitation Services

## Tips to be in Compliance with Chapter 5230. Psychiatric Rehabilitation Services

In this newsletter, we will take a closer look at

### Chapter 5230.62 Individual Rehabilitation Plan

( c ) A PRS agency and an individual shall update the IRP at least every 90 calendar days and when:

- 1) A goal is completed
- 2) No significant process is made
- 3) An individual requests a change

#### *Key Points*

- *90 Days is the MAXIMUM NUMBER of DAYS you can go without a new IRP*
- *This is the MINIMUM standard for compliance.*
- *Surveyors do not have leeway when it comes to IRP updates after 90 days. They must cite the provider and the provider must correct the process.*
- *Providers should put procedures in place to review from 75 to 80 days. This should be outlined in the provider policies and procedures or internal Quality Insurance efforts.*

#### **PAPRS**

[www.paprs.org](http://www.paprs.org)

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Tricia Fisher, MS, CPRP

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#### **PAPRS**

132 Raymond Drive

Johnston, PA 15909

Phone: 717-655-7662

Email: [tricia.fisher@paprs.com](mailto:tricia.fisher@paprs.com)

Website: [www.paprs.org](http://www.paprs.org)



# Pennsylvania Association of Psychiatric Rehabilitation Services

Dear PAPRS Members,

As summer comes to a close, I hope this letter finds everyone well! It is that time of year to gather nominations for the seats being vacated at the end of December 2018 on the PAPRS Board of Directors. Please take a moment to consider a colleague that you can imagine serving on, and making a meaningful contribution to, our Board. We are interested in having a well-balanced Board that reflects different geographical areas of Pennsylvania and the many different perspectives of our membership and practices. In order to accomplish this, we need your help! Our **deadline for receiving nominations is October 19, 2018**, so it is important that you act now with this request.

Attached to this letter you will find a Nomination Form and a brief description of the minimum PAPRS Board of Directors' Responsibilities. Please be sure to include a brief biography of the person being nominated and forward nominations to me using my contact information found on the Nomination Form and below.

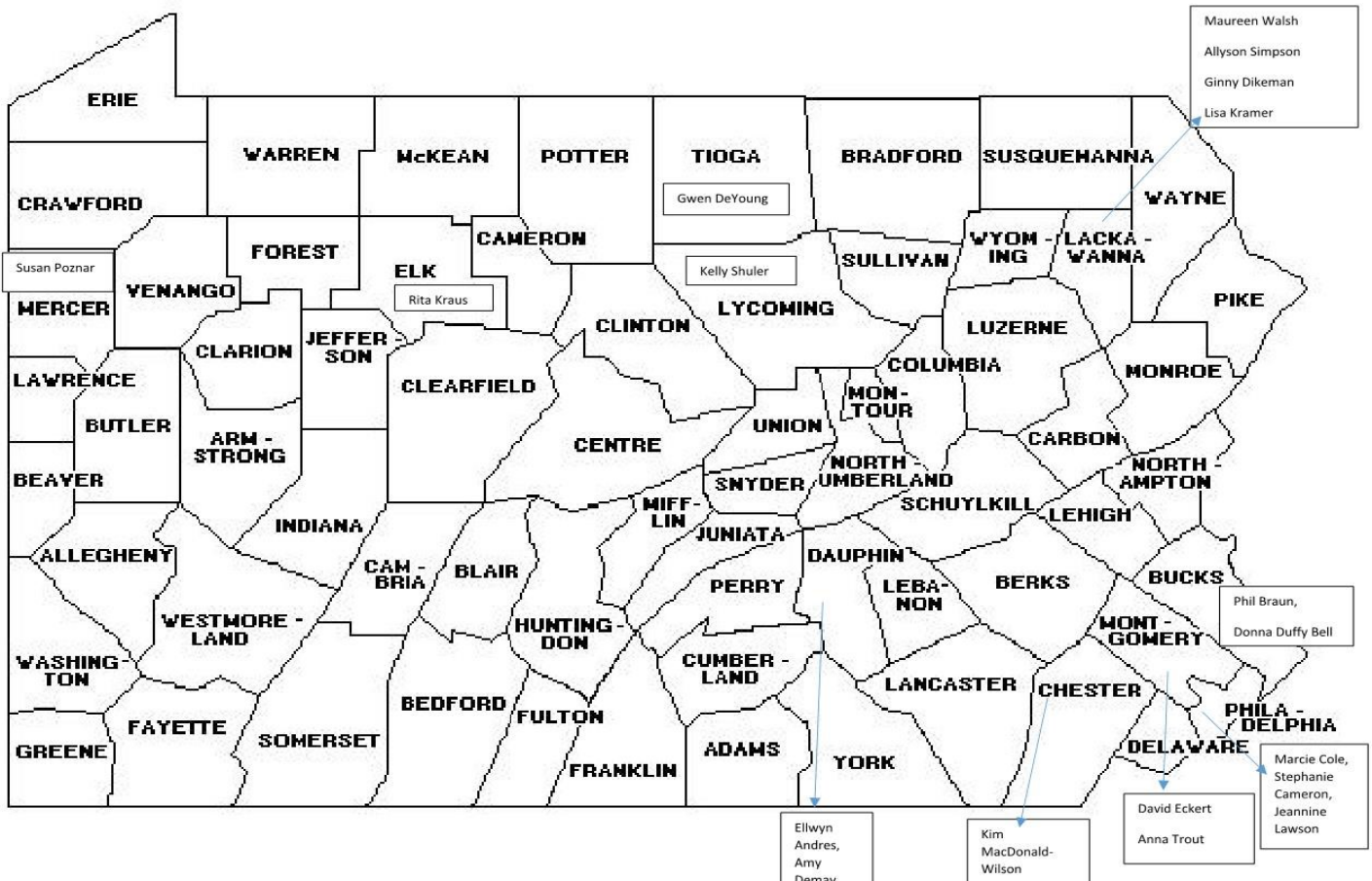
If you have any questions, please feel free to contact me at [ddduffybell@buckscounty.org](mailto:ddduffybell@buckscounty.org) or 215-444-2801.

Thank you and I look forward to receiving your nominations!

Sincerely,

Donna Duffy-Bell  
Membership Committee Chair  
PAPRS Board of Directors

PAPRS Board of Directors 2018 by County



**PENNSYLVANIA ASSOCIATION OF PSYCHIATRIC REAHBILITATION SERVICES  
BOARD OF DIRECTORS NOMINATION FORM  
CLASS OF 2021**

**SUBMIT BY: October 19, 2018**

**Person making the nomination:**

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Agency \_\_\_\_\_

\_\_\_\_ Individual Member      \_\_\_\_ Organizational Member      \_\_\_\_ Non-Member

**Person being nominated: Must be an Individual or Organizational member of PAPRS**

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Agency: \_\_\_\_\_

\_\_\_\_ Individual Member      \_\_\_\_ Organizational Member

Region of the State represented: \_\_\_\_\_  
(Northwest, Northeast, Central, Southeast, Southwest; or County)

Any particular area of interest / expertise represented:

\_\_\_\_\_  
(Practitioner, Advocate, Certified Peer Specialist, Family member, etc)

**Brief biography of the person being nominated:**

**If nominating someone other than yourself, please be sure to have discussed the nomination with your nominee, and assure his/her agreement to be nominated. **Board Responsibilities are described below.****

Please submit your nomination for the Election Ballot by e-mailing this page, once completed, to Donna Duffy-Bell at [dduffybell@buckscounty.org](mailto:dduffybell@buckscounty.org). You may also choose to submit your nomination by mailing this form to

Donna Duffy-Bell  
Bucks County Dept. of Mental Health/Developmental Programs  
600 Louis Drive, Suite 101  
Warminster, PA 18974

**Minimum PAPRS Board Responsibilities:**

Serve a term of 3 years. (If elected, nominees will serve from January 1, 2019 through December 31, 2021)

Attend PAPRS Board meetings. The Board meets approximately six times a year, usually on the second Thursday & Friday of the month (Thursday 6pm – 9pm, Friday 8:30AM- 3:00PM) at the Penn Stater in State College, PA., starting in the month of January and in alternate months thereafter.

Serve on at least one PAPRS Committee

Participate in Board or Committee conference phone calls

Participate in the Annual Conference

PAPRS makes every effort to maintain a representation on the Board from various regions of the state and the perspectives of Providers, Persons in Recovery, Family, Managed Care, and Government. It is important to complete the nomination form completely. These characteristics of the Nominees will be indicated on the ballots. In the event of an overwhelming number of nominees and the need to provide a manageable ballot, the final ballot will be decided by a committee, which will attempt to assure the broad representation described above.

## **New Educational Opportunity!**

PAPRS is happy to announce a partnership with ASERT , Autism Services, Education, Resource and Training to provide a one day 6 hour training for psychiatric rehabilitation providers serving individuals with a mental health and autism diagnosis.

### **Supporting Individuals with Autism and Psychiatric Disabilities in Psychiatric Rehabilitation Programs**

About 85% of individuals with Autism in Pennsylvania have a co-occurring disorder, complicating the amount and type of services they need. Identifying physical and mental health professionals to deliver effective services is challenging due of lack of training, access, reimbursement or funding. Psychiatric Rehabilitation has been identified as a service that provides the necessary supports and training opportunities for adults with autism and psychiatric disabilities to be able to live, learn, work, and develop relationships in their current communities. During this presentation we will provide an overview of the diagnosis of Autism and the social, communication, behavioral and planning and executing needs of these adults. We will offer strategies to assist Psychiatric Rehabilitation Counselors in providing this service to participants with autism. The needs of individuals with a dual diagnosis (autism and psychiatric diagnoses) will be discussed. We will also provide training participants with the opportunity to ask questions and engage in discussion on specific situations they have faced in providing services to adults with Autism. We also look forward to further discussion with the group on possible future training opportunities. This training will count for 6 credit hours.

#### Objectives:

1. Describe the core features of Autism and the challenges that these features may present in the person achieving their desired goals.
2. Identify the etiologies of and best practice supports for the additional barriers presented and the role of executive functions in acquiring skills and regulating emotions.
3. Develop strategies to modify / adapt goals and supports across a variety of Psych Rehab domain areas for successful outcomes.

#### **Training Dates**

October 19, 2018

October 30, 2018

#### **Location**

Community Services Group  
2330 Vartan Way, Ste 204  
Harrisburg, PA 17110

Community Counseling Center  
2201 E. State Street  
Hermitage, PA 16148



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Please visit [www.paprs.org](http://www.paprs.org) to register today!

**Pennsylvania Association  
of  
Psychiatric Rehabilitation Services**

**Upcoming Continuing Education  
Opportunities**

**Practitioner Orientation:**

**Foundations for Recovery-Oriented Psychiatric Rehabilitation Services**

September 20 & 21, 2018	Access Services Inc. 500 Office Center Drive, Suite 100 Fort Washington, PA 19034
October 8 & 9, 2018	Resources for Human Development (Regional) 3895 Adler Place, Building A Bethlehem, PA 18017

**PR Services:**

**Documentation Skills that work for Regulators, Payers, and People in Services**

October 10 & 11, 2018	Resources for Human Development (Regional) 3895 Adler Place, Building A Bethlehem, PA 18017
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**Introduction to the Boston University Psychiatric Rehabilitation Process**

October 12, 2018	Resources for Human Development (Regional) 3895 Adler Place, Building A Bethlehem, PA 18017
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**Ethics & Boundaries in Recovery Oriented Services**

October 12, 2018	Resources for Human Development (Regional) 3895 Adler Place, Building A Bethlehem, PA 18017
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**Training dates will continue to be added at  
[www.paprs.org](http://www.paprs.org)**

**Visit the website for complete descriptions of each  
training.**

**Please contact Tricia Fisher, Education Manager to  
discuss your organizations training needs.**



# Membership

## Live Our Mission, Achieve Our Vision

### Ensure you are Receiving the Latest News in the Psychiatric Rehabilitation Field!

Update your organizational and individual PRA and PAPRS contact information NOW:

You need to update your information on both websites as they are not linked to each other.

#### PRA

1. Go to <https://www.psychrehabassociation.org/user>
2. Log in
3. Update Profile/Contact information

#### Easily update your staff listing online if you are your Organizations Primary Contact

Login to the PRA website by using your email address and password (If you forgot your password, simply select the "Forgot your Password" option below the login fields).

Click the **My Information** link on the left, then click on the organization's name under **Organization Information** to access your organization's profile.

Once there you can manage the staff listing and make sure that all individuals are linked and receiving benefits by using the **Manage Org Individuals** feature to add new staff members and request the removal of those who are no longer with the organization.

You can also follow the above process to update your staff listing on the PAPRS website.

#### PAPRS

1. Go to <https://www.paprs.org/eweb/DynamicPage.aspx?Site=PAPRS&WebCode=LoginRequired>
2. Log in
3. Update Profile/Contact information

If you need assistance with the PAPRS website, please contact Tricia Fisher at [tricia.fisher@paprs.org](mailto:tricia.fisher@paprs.org)





**Pennsylvania Association  
of  
Psychiatric Rehabilitation Services**

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**2019 PAPRS Conference**  
**Opening the Door to Wellness:**  
**Inclusive Practices in Recovery**  
**April 16th—18th, 2019**  
**State College, PA**

**Please visit [www.paprs.org](http://www.paprs.org) to download the Call for Papers!**

Each year, the PAPRS Conference provides a statewide forum for people committed to psychiatric rehabilitation and recovery to come together, celebrate, share ideas, exchange knowledge, develop new models and approaches and envision ways to create a responsive and empowering mental health system. "Opening the Door to Wellness: Inclusive Practices in Recovery" plans to highlight forensics, recovery-focused practices, suicide prevention, PTSD, trauma informed care, LGBTQ, employment and workforce development strategies.

The richness of this conference emerges from the breadth of workshops we offer, which come from you, the participants. Submitting a workshop proposal gives you the chance to both benefit and contribute to this vital yearly event. Proposals are encouraged from across the field: people in recovery, family members, providers, administrators, researchers, executive directors, advocates, and government officials. PAPRS especially invites first time submitters to send proposals for consideration. If you need any assistance with your proposal, or have questions about its submission, please contact Tricia Fisher at [tricia.fisher@paprs.org](mailto:tricia.fisher@paprs.org)



**[Join us in April 2019 for this exciting event!](#)**



## Pennsylvania Association of Psychiatric Rehabilitation Services

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### PAPRS 2019 Psychiatric Rehabilitation Service Awards

**We need your nominations!  
Award nomination forms will be distributed in early  
November!**

• **Distinguished Career Award-** This award is to honor an individual who, throughout their career, has effectively promoted the development and implementation of psychiatric rehabilitation services in Pennsylvania. Nominations are open to members of PAPSRS/PRA who are credentialed in Psychiatric Rehabilitation, and have no less than 10 years experience in psychiatric rehabilitation.

• **Distinguished Advocate Award-** This award is to honor an individual who has advocated for the inclusion of psychiatric rehabilitation services in their organization, county, region, and/or the Commonwealth of Pennsylvania. Nomination for this award is open to mental health staff, persons in recovery,

• **Distinguished Practitioner Award-** This award is to honor an individual who has demonstrated a commitment to the principles and ethics of psychiatric rehabilitation in their work with persons in recovery. Nominations are open to mental health direct care and/or supervisory staff who are either an individual member or work for an organizational member of PAPRS/PRA.

• **Outstanding Program Award-** This award is to honor an agency or program within an agency, which operates psychiatric rehabilitation that effectively meet the needs of persons in recovery. Nominations for this award are open to Psychiatric Rehabilitation agencies or programs that have been in operation for no less than 3 years and are organizational members of PAPRS/PRA.

