

Pennsylvania Association of Psychiatric Rehabilitation Services

PAPRS

www.paprs.org

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PAPRS CONFERENCE 2020

The Pennsylvania Association of
Psychiatric Rehabilitation Services
announces the cancellation of the
**Diversity in Recovery-Oriented Systems -
Building Inclusive Communities**
on May 27-29, 2020 at The Penn Stater, State College PA

After careful consideration of current events and public health issues due to COVID-19, the PAPRS Executive team has decided to cancel the 2020 PAPRS Conference. We will be connecting with presenters, scholarship awardees, registered individuals and others to manage next steps in refunds, alternative education opportunities, and other related items.

We are already looking forward to seeing you all next year for the PAPRS 2021 Conference, at The Penn Stater on April 27-29, 2021.

In the meantime, please take a look at the Virtual PAPRS Conference information on page 4-6 of this newsletter OR on www.paprs.com

PAPRS

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Updating your Staff listing in your Organizational Membership

PAPRS

1. Copy and Paste this PAPRS website address in your address bar.

<https://www.paprs.org/eweb/DynamicPage.aspx?Site=PAPRS&WebCode=LoginRequired>

2. Log in with your membership information

3. Update Profile/Contact information

If you need assistance with the PAPRS website, please contact Tricia Fisher at tricia.fisher@paprs.org

Here Ye Here Ye Members Only!!!

Here is a sneak peak of our articles available to our Membership:

- Self Care For Working From Home
- Recruiting & Hiring During COVID-19

Don't forget to check out the Members' Only Link on our website PAPRS.org. Log in and then click the Members link.



Pennsylvania Association of Psychiatric Rehabilitation Services **PAPRS OUTCOMES WORKGROUP**

TELEHEALTH TIPS FOR PSYCHIATRIC REHABILITATION PRACTITIONERS

Conducting our everyday activities with our program participants has become more challenging. Instead of planning for and having face-to-face and/or group activities and meetings, we are called upon to get creative and conduct business in a new way – telehealth has been added to the CPRP Toolbox. Here are some initial tips prepared for your consideration. We will continue to build on this list based on all of your experiences and feedback. Please contact the PAPRS office info@papr.org with your additions or clarifications.

Preparing for the Call

- Check out all the possible ways of communicating with each individual (e.g., phone, text, video-call, computer zoom links)
- Where computers and “apps” are available, assist with downloading and testing of software of applications
- Pilot test the communications options
- Develop back up plans for when a communication method has problems

Scheduling the Call

- Identify the best time, place to assure successful connection and the privacy that might be needed
- Identify the best ways to provide each other reminders (e.g., text reminders)

Orienting a Participant to the Call

- What will be the purpose of the meeting?
- How much time do each of us have for the meeting?
- What happens if we are interrupted/disrupted during our meeting?
- What is the participant’s goal for the meeting?

Keeping the Conversation Moving

- Keeping awareness that this is a new way of working together
- Using each other’s names
- Asking open-ended questions
- Checking understanding of the conversation
- Demonstrating understanding of the person’s communication by responding/paraphrasing

Getting Feedback about the Call

- What happened on the call—what helped or didn’t help
- What could we do differently next time?

Summarizing the Call

- Identify action steps/tasks to be accomplished between this call and the next
- Plan the next call
- Identify best ways to communicate between now and the next call

Prepared by Members of the PAPRS Outcomes Workgroup, April 2020



Virtual *PAPRS Conference 2020*

Everyone needs CEUs, right?? PAPRS is here to help!!

**Register for the 2020 Virtual Conference being held on
Friday May 29th, June 5th and June 12th.**

**For ultimate flexibility purposes, you can purchase each
workshop on an individual basis by purchasing according
to your interests and needs.**

**The member rate per workshop is \$25.00.
The non member rate per workshop is \$50.00.**

**For additional information or assistance, please reach out
to Tricia Fisher, PAPRS Education Manager at
tricia.fisher@papr.org or 717-655-7662.**

Continuing Education Credit

**In order to receive continuing education credit, you must be
present for the entire workshop, participate in any polling or
group activities, and submit an evaluation for the workshop.**

See the following pages for Conference Schedule.

All Courses are approved for CPRP Credits!

**If you work for an Organizational member of PRA/PAPRS and are NOT able to
choose the member rate, please consult your agency's primary contact person
who can add you to the membership BEFORE you complete registration.**



Please visit www.papr.org to register today!

Virtual

PAPRS Conference 2020

Friday May 29, 2020

10:00 am—11:15 am KeyNote Speaker

"The Five C's of a Compassionate Leader: showing up as your best self"

Jen Croneberger, MA, President, JLynne Consulting Group, LLC

11:30 am—1:00 pm Virtual Workshop

Leisure Applications in Psychiatric Rehabilitation

Rita Kraus, BS, CPRP, Program Director, PAPRS Board President, Dickinson Center, Inc.
Amy DeMay, MS, CPRP, CESP, Director of Clinical Placement, York College of PA

1:15 pm—2:45 pm Virtual Workshop

An Initiative to Support Cultural Humility and Competency in Psychiatric Rehabilitation Services

Lori Weems, MS, Program Manager, Community Care Behavioral Health Organization
Shari Hutchison, MS, PMP, Project Director in the Research, Evaluation, and Outcomes Department at Community Care Behavioral Health Organization

3:00 pm—4:30 pm Virtual Workshop

"That Alley Sure Looks Dark..." Behavior—based Staff Safety

Mark Boorse, MHS, Director of Program Development, Access Services, Inc.
Erin Churney, Lead Certified Psychiatric Rehabilitation Practitioner, Access Services, Inc.
Brianna Simon, Lead Practitioner, Access Services, Inc

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Virtual

PAPRS Conference 2020

Friday June 5, 2020

9:00 am—10:30 am Virtual Workshop
Wellness: A Framework for our Work and Our Lives

Margaret Swarbrick, PhD, OT, FAOTA, CPRP
Wellness Institute of the Collaborative Support Programs of New Jersey

10:45 am—12:15 pm Virtual Workshop
Communicating Sexual Health Topics with Clients

Maria Ponzi-Judy, MSW, LSW, Health Education & Program Coordinator
Adagio Health, Inc.

1:00pm—2:30 pm Virtual Workshop
CPS Supervisors: Tailoring Supervision Strategies to Your Staff's Needs

Keith Elders, BS, CPS, CPS-S, CRS, Grant & Project Coordinator, Pennsylvania Peer Support Coalition
David Measel, BA, CPS, CPS-S, Contracted Administrator, Pennsylvania Peer Support Coalition

3:00 pm—4:30 pm Virtual Workshop
Trauma Informed Care in the Psych Rehab Setting

Pamela Campbell, MS, CPRP, Psych Rehab Director, Community Guidance Center
Jenny Gordon, CPRP, Assistant Psych Rehab Director, Community Guidance Center

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Virtual PAPRS Conference 2020

Friday June 12, 2020

9:00 am—10:30 am Virtual Workshop

Using the Psychiatric Rehabilitation Process in Supervision

Tricia Fisher, MS, CPRP, Education Manager, PAPRS

Rochelle Reimert, MS, CPRP, Assistant Operations Director, Salisbury Behavioral Health

10:45 am—12:15 pm Virtual Workshop

Social Determinants of Health: Working in Health Promoting Ways

Marcie Cole, MS, CPRP, Director Horizon House Wellness Alliance, Horizon House

1:00pm—2:30 pm Virtual Workshop

Healing the Healers: Identifying & Managing Vicarious Trauma

Steven Burkitt, LSW, CPRP, Clinical Trainer, Horizon House

3:00 pm—4:30 pm Virtual Workshop

ENGAGE: (First Episode Psychosis Programs in PA)

Marci-Sturgeon-Rusiewicz, MS, NCC, LPC, CPSS, Senior Manager of Recovery & Resiliency, Director of Psychiatric Rehabilitative Services, Wesley Family Services

All Courses are approved for CPRP Credits!



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Additional Upcoming Continuing Education Opportunities

2020 Supporting Youth & Young Adults in PR Services with three different course offerings this year!

Supporting Youth & Young Adults in Psychiatric Rehabilitation Services—Online Course This course is underwritten by OMHSAS.

This course is an online course, that you can complete on your schedule
within a 6 week timeframe.

This course is designed to address the principles of care and support for youth and emerging adults, the philosophy of Positive Youth Development (PYD), individualized developmentally appropriate services, social determinants of mental health and trauma informed care.

This course provides 6 credit hours for CPRPs and CFRPs.

Course Learning Objectives:

1. Apply principles of care and support for youth and emerging adults into daily service provision
2. Demonstrate knowledge of Positive Youth Development and the 5 C's
3. Explain individualized developmentally appropriate services
4. Identify social determinants of mental health
5. List trauma informed practice guidelines

Training Session Dates - register at www.paprs.org

- July 6 - August 2, 2020
- October 5 - November 1, 2020

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